

## **GUIDELINES FOR 12 STEP PRESENTERS**

### **IT IS SUGGESTED:**

1. TWO YEARS OR MORE SOBRIETY OR HAVE COMPLETED ALL 12 STEPS.
2. HAVING ACTUALLY WORKED THE STEP YOU CHOOSE (PREFERABLY WITH A SPONSOR)
3. BE SURE TO START BY READING THE STEP YOU ARE PRESENTING.
4. BE AWARE OF ANY TIME ALLOCATION YOU MAY HAVE, CHECKING WITH CHAIRPERSON AND BEING CONSIDERATE OF OTHER PRESENTERS.
5. PLEASE DRAW REFERENCE FROM THE BIG BOOK, TWELVE AND TWELVE OR THE LITTLE RED BOOK. STEPS CAN BE FOUND IN THE BIG BOOK ON THE FOLLOWING PAGES:

<b>STEP</b>	<b>BIG BOOK PAGES</b>
1	21-24
2	44-57
3	60-64
4	64-71
5	72-75
6	76
7	76
8	76-84
9	76-84
10	84-85
11	85-88
12	89-103

**POSSIBLE DISCUSSION ITEMS COULD CENTER ON ONE OR MORE OF THE FOLLOWING**

**THE METHOD YOU USED TO DO THE STEP**

**HOW THIS STEP WAS CRITICAL TO YOUR RECOVERY**

**DIFFICULTIES YOU OVERCAME TO DO THIS STEP**

**SUPPORT YOU GOT FROM OR GAVE AS A SPONSOR**

**MISTAKES YOU MADE REGARDING TAKING THE STEP – HOW CORRECTED**

**WHY YOU THINK STEP WAS ESSENTIAL TO YOUR SPIRITUAL PROGRESS**

**OTHER RESOURCES USED AWOL GROUPS, STEP MEETINGS, TAPES, ETC.**